

Level 4 Cancer and Exercise Rehabilitation Course Application Form

This course will teach you to design, agree and adapt a physical activity programme to aide cancer rehabilitation for your clients or patients living with cancer.

On completing this qualification you will:

- Understand the cell biology of cancer, current cancer treatments and relevant side effects.
- Be familiar with the evidence that exercise can improve specific side effects of cancer treatments.
- Prepare a reliable and effective system of communication and information gathering with clients and health professionals.
- Be capable of carrying out a risk assessment, exercise test and prescribing personalised exercise programmes for each patient/client living with cancer.
- Be able to deliver safe and effective physical activities with patients/clients living with cancer.

Course Entry Requirements

- Registration status of full Level 3 Exercise Referral Instructor on REPs.
- 150 hours of relevant professional practice at Level 3 in designing, delivering, monitoring, adapting and tailoring exercise programmes for individuals gained within the previous 2 years and at least 6 months experience since qualification.
- Completion of the REPs online Professional Practice Unit.

If you are unsure that you meet the entry requirements listed above, please contact Christine Lucas on 0845 459 4618 or christine.lucas@canrehab.co.uk.

In order to secure your place you must send your course fee of £575.00 or invoice request along with your completed application form and supporting documentation to Christine Lucas at: CanRehab, 15 Fotheringay Road, Pollokshields, Glasgow G41 4NL. For further information or assistance with completing your application please contact Christine Lucas on 0845 459 4618 or christine.lucas@canrehab.co.uk.

Personal Details

Title (Mr/Mrs/Ms/Dr/Other):	Surname:
Forenames:	

Address:	
	Postcode:

Phone No. (Home):	Phone No. (Work):
Mobile:	
Email:	

Occupation:
Place of work:

Course Location:
Course Date:

Please indicate if you have any special language or learning requirements:		
Please indicate if you have any special dietary requirements:		
Please indicate if you have any disability or special requirements:		
Would you like to be kept informed of future events by email?	Yes	No

Entry Requirements:

Registration status of full Level 3 Exercise Referral Instructor on REPs. Please attach copies of your exercise qualifications.	No	Yes
150 hours of relevant professional practice at Level 3 in designing, delivering, monitoring, adapting and tailoring exercise programmes for individuals gained within the previous 2 years and at least 6 months experience since qualification. Please attach a copy of your current CV and a reference letter stating the number of hours worked.	No	Yes
Completion of the online REPs Professional Practice Unit	No	Yes

Qualifications & Training:

Please detail below and enclose copies of your professional and exercise qualifications.

Qualification	Awarding Body	Date Awarded	Copy Attached

Work Experience:

Please describe your current and previous roles in exercise instruction and attach a copy of your current CV and a reference letter stating the number of hours worked.

Employer/Venue/ Organisation	Description of Exercise Class	No. of Hours per Week	Start Date	End Date

Methods of Payment

I enclose a cheque made payable to CanRehab for the sum of £575.00.	No	Yes
I wish to be invoiced for payment. (Please give details below of the name and address for the invoice)	No	Yes

I declare that all the information I have supplied is true.

Applicant Signature:

Date:

How did you hear about this course?

Terms and Conditions

Places on CanRehab training courses are subject to availability and will be allocated on a first come first served basis. CanRehab reserve the right to cancel any courses which we deem not to be viable i.e. sufficient numbers of candidates have not registered for the course within 14 days of the advertised course start date.

If CanRehab have to cancel a course all candidates who have registered for the course will be informed and will have the option of a full refund or can substitute their application for another date. Notification of any cancellations will be given in writing at least two weeks prior to the start date of the course.

CanRehab will accept cancellations from registered candidates up to two weeks before the course start date and the candidate will have their fee refunded minus a £10 administration charge. All fees are forfeited after this deadline but a candidate can substitute their application for another date. Candidates are responsible for payment if they do not cancel and do not attend.

CanRehab will issue a letter confirming your place on your chosen course once we can confirm that sufficient candidates have registered on the course. CanRehab will make the decision regarding course numbers and viability two weeks before the start date of the course. All information provided to CanRehab will be held in the strictest confidence.

By signing the CanRehab booking form you are confirming that you have read and understood our Terms and Conditions.

CanRehab will ensure that all the information provided to us will be held in the strictest confidence.